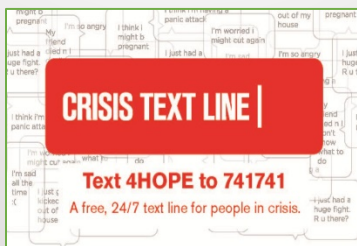


Why you should VOTE FOR the Mental Health Levy



Did you know...

- In SFY 2020 over 4,000 people system wide received services for a mental health or substance use issue.
- 24 Hr. Crisis Hotline received 540 calls over the past year, of those calls, 310 were suicidal and 19 were homicidal. These callers were able to get appropriate interventions and the help they needed thanks to your local levy.
- The Crisis Intervention Team (CIT) training is an **expert level training designed to educate officers in dealing with people suffering from a mental illness**. As of November 2020, over 95% of our local law enforcement have completed the training.



If you have been impacted by mental health concerns you know that having a strong mental health system in your community **is absolutely necessary**.

The November 2nd Mental Health Levy is a Replacement Levy. This levy maintains the current funding that helps thousands of people get the treatment services needed to cope with serious mental health issues.

We need your help to continue to provide services designed to support behavioral health issues!

Mental illness affects millions of people in the U.S. every year. Chances are that you know one of the **1 in 5 U.S. adults that experiences mental illness**. According to NAMI, 21% of all adults in the U.S. will experience serious mental illness this year. 18% of U.S. adults with mental illness also have a substance use disorder.

In coming years, there will likely be a dramatic increase in these numbers. New data from the CDC suggests that 40 percent of Americans are struggling with mental health issues because of the pandemic.

As the responsible administrator of the Mental Health Levy's funds, the MHDAS board supports many agencies throughout Logan and Champaign counties. TCN Behavioral Health Services, Inc. is one of the primary contract agencies receiving levy funding. With a continuum of care including mental health, substance use treatment, inpatient and outpatient psychiatric services, crisis care and more, TCN served a total of 2,642 clients last year in Logan and Champaign counties alone. Of these clients, 41% had a dual diagnosis.

In Logan and Champaign counties TCN offers a suicide prevention program in all 9 school districts, which educated a total of 1,530 junior high and high school students between the two counties. Suicide is the second leading cause of death for people between ages 10 and 34. Continued levy funding will allow TCN to continue and even expand youth and prevention services like suicide prevention programs and more.

*"The most recent Community Needs Assessments in Logan & Champaign counties confirm mental health & substance use as top factors impacting the health & wellness of people in all ages. Continued support of the Board's levy is **VITAL** in maintaining our local continuum of care to address these needs".*

-Tammy Nicholl, Executive Director, MHDAS Board

By supporting the Mental Health Levy, voters make an investment in the health and well-being of people in their community who may be dealing with mental health and substance use issues. Please vote "yes" on the Mental Health Levy, so that we can continue to do the work that ensures vital behavioral health services that improve lives and support your community.

Mental Health concerns are common!

- 1 in 5 U.S. adults experience mental illness each year
- 1 in 20 U.S. adults experience serious mental illness each year
- 1 in 6 U.S. youth aged 6-17 experience a mental health disorder each year
- 50% of all life-time mental illness begins by age 14, and 75% by age 24

Source: (<https://www.nami.org/mhstats>)

Mental Health treatment matters!

- 45% of U.S. adults with mental illness received treatment in 2019
- 66% of U.S. adults with serious mental illness received treatment in 2019
- 51% of U.S. youth aged 6-17 with a mental health disorder received treatment in 2019
- The average delay between onset of mental illness symptoms and treatment is **11 years**

Source: (<https://www.nami.org/mhstats>)

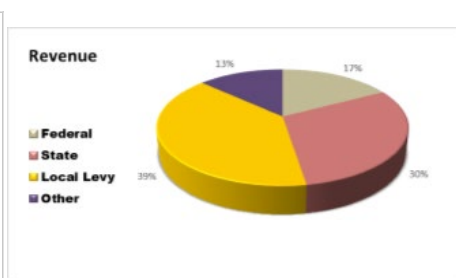
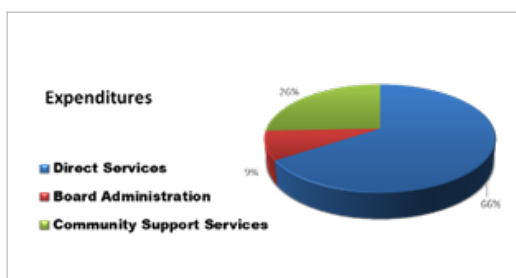
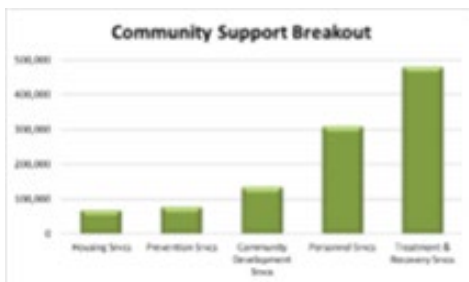
The need for mental health services is constantly growing...levy funding ensures the needs are met.

Rebecca is an intern with Recovery Zone in Bellefontaine on her way to becoming an Ohio Certified Peer Recovery Supporter. She has completed her initial 16 hours of training and is scheduled to complete her 40-hour training in April 2021. Rebecca has three years in recovery from a substance use disorder; and has completed treatment at West Central Community Corrections Center in Marysville and Adult Recovery Court in Logan County. Rebecca leads both Narcotics Anonymous and Celebrate Recovery groups and is completing her last class and final internship to receive her Associates Degree in Social Work (with honors).

Rebecca will be providing Peer Recovery Services for West Central as well as to others in our community. Since starting her internship, she has shown a great deal of skill and commitment to going above and beyond to work with people in difficult and traumatic situations to get them to critically needed services. Rebecca has not only found recovery, but she is also bringing recovery to the community.

Good management of taxpayer funds

- In FY2020 91% of revenue was expended on treatment & community services
- Only 9% was administrative expenses.
- Despite the rising need in services, the MHDAS Board has managed to find innovative ways to conserve costs while still meeting the needs of residents within the funding generated by the levy.



IF YOU HAVE QUESTIONS REGARDING BEHAVIORAL HEALTH SERVICES IN LOGAN/CHAMPAIGN COUNTIES



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